

People's Education Trust (R)

SHANKARAGOWDA COLLEGE OF EDUCATION, MANDYA

Accredited by NAAC/Recognized by NCTE/Affiliated to University of Mysore

Women's Anti-Sexual Harassment Cell

Shankaragowda College of Education has constituted a Women's Anti-Sexual Harassment Cell based on the Sexual Harassment of Women at Workplace (Prevention prohibition and Redressal) act 2013.

President:	Channakrishnaiah K (Principal)
Co-ordinator:	Dr. Victoria roche (Asst.professor)
Members:	Dr. Suvarna V.D (Asst.professor)
	Dr..Hemanth kumar b.c (Asst.professor)
	Dr. Ravi T.K (Physical Education Director)
	Smt. Sujatha (office staff)

Objectives:

- To ensure female student's and teacher's safety in the institution.
- To create a safe environment for female students and teachers to study and work.
- To create awareness on gender discrimination and women empowerment.
- To promote gender equality and equity.
- To Provide confidential counselling services on any kind of violence or harassment.
- To take stringent action against offenders in the institution.
- To create awareness on sexual harassment among faculty and students.
- To address the complaints on any kind of harassment of women in the campus.
- To ensure fair and timely resolution of sexual harassment complaints.
- To organize workshops and awareness programmes at regular intervals for sensitizing students and staff members of the institution with the provisions of the Sexual Harassment of Women at Workplace (Prevention prohibition and Redressal) act 2013.
- To organise programmes which motivate our students to face the challenges bravely and achieve their goals.

Initiatives of Women's Anti-Sexual Harassment Cell in the Institution
2018-19

**‘Each time a woman stands up for herself,
She stands up for all’**

-Maya Angelon

Women's Anti Sexual Harassment Cell in association with IQAC of the College celebrated International Women's day on 8th March 2018.

Objectives of the Programme:

- To recognise Women's achievements in teaching field.
- To addresses the challenges faced by women achievers in the field of Education.
- To motivate our students to be a part in National development.

International women's day was celebrated with great delight. The function was inaugurated by Dr.Sheela.G Assistant Professor, Department of Education, Manasagangothri, University of Mysore, Mysuru. Dr.Geehta.C Assistant Professor, Kuvempu University, Shivamogga and Smt.Chandrakantha.T.B. Educational officer (DDPI office), Mandya. The function was presided by the Principal of the college. The Chief Guests spoke on how women can pursue higher education and be placed in higher positions in the field of Education. They opined that unless women don't come forward to assume the responsibilities and learn to balance between professional life and the personal life, they cannot succeed.

The co-ordinator of the cell Smt. Victoria Roche, Asst. Professor gave the introductory note and welcomed the gathering. The programme was successful with her able guidance and meticulous planning.



International Women's day celebration - 8th March 2019

**‘Feminism isn't about making the Women strong.
Women are already strong.
It's about changing the way
The world perceives that strength’.**

Women's Anti Sexual Harassment Cell in association with IQAC of the College celebrated International Women's day celebration on 8th March 2019.

Objectives of the Programme:

- To appreciate the exceptional achievements of women in various fields.
- To sensitise all about the problems faced by the women in the society.
- To motivate prospective teachers to be a part in ensuring gender equality.

The function was inaugurated by Smt Lakshmi K.E.S Social Science subject inspector, Public Education, DDPI office, Mandya. Smt Shilpa H R, Principal, Morarji Desai residential School, Kerethonur, Pandavapura. The function was presided by the Principal of the College. The chief Guests shared their experiences and challenges faced in reaching their present positions. Motivated our students to develop confidence to face the problems bravely.

The programme was successful with the able guidance and meticulous planning by the co-ordinator of the cell Smt. Victoria Roche.



Initiatives of Women's Anti-Sexual Harassment Cell in the Institution **2020-2021**

EXECUTIVE COMMITTEE:

President:	Dr. Suvarna V.D (Principal)
Co-ordinator:	Dr. Victoria roche (Asst.professor)
Members:	Dr.Hemanth kumar B.C(Asst.professor)
	Dr. Ravi T.K (Physical Education Director)
	Smt. Sujatha (office staff)

WOMEN'S DAY CELEBRATION 2021

**“The willingness to listen
The patience to understand
The strength to support
The heart to care and just to be there,
That is the beauty of a woman”**

Women's Anti Sexual Harassment Cell in association with IQAC of the College celebrated International Women's day celebration on 8th March 2021.

Objectives of the Programme:

- To accelerate Gender parity.
- To educate and raise awareness on Gender equality.
- To create awareness on the role of youngsters in changing society.

This programme was inaugurated by the Chief Guest Dr. Ningamma Betsur, Professor, Department of Education, Manasagangotri Mysore University, Mysore who was the Chief Guest of the programme. Dr. Suvarna.V. D. Principal of the college presided over the function. The Chief Guest Dr. Ningamma Betsur addressed our students on 'the role of upcoming youngsters in the changing society'. Later she was honoured for her remarkable achievements in the field of Education. Principal spoke on the occasion and gave a call to all to stand together as a united force to advance gender equality.

The co-ordinator of the cell Smt. Victoria Roche, Asst. Professor gave the introductory note and welcomed the gathering. The programme was successful with her able guidance and meticulous planning.



Initiatives of Women's Anti-Sexual Harassment Cell in the Institution
2022-2023

WOMEN'S DAY CELEBRATION 2022

The most alluring thing

A woman can have is

Confidence

Women's Anti Sexual Harassment Cell in association with IQAC of the College celebrated International Women's day celebration on 11th March 2022.

Objectives of the Programme:

- To familiarise the student teachers about the Women's day theme.
- To motivate our students to take up competitive exams and join civil services to break the stereotypes.
- To enable the women to strive and thrive in life.

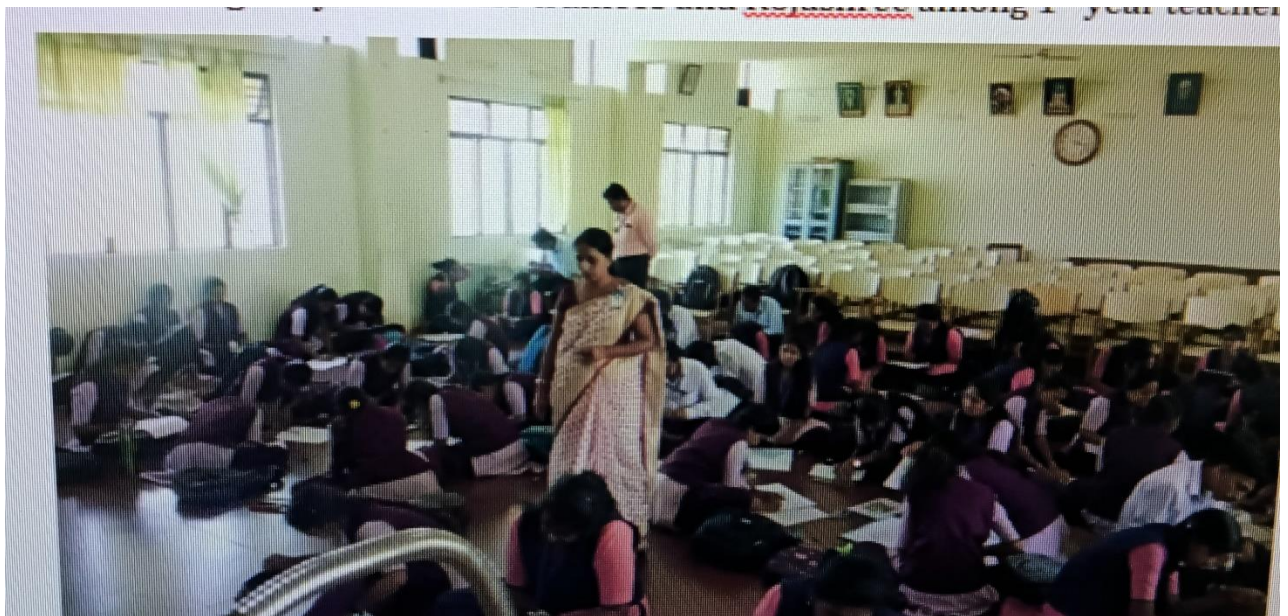
On 11th March International Women's day was celebrated in our College. The woman achiever in the field of Education Smt. Sarvamangala, Director, DSERT, Bengaluru graced the occasion as a Chief Guest. Madam gave an effective talk on "Gender Equality today for a sustainable tomorrow". She shared the facts of her journey as a school teacher in Mandya to a Director of DSERT, Bengaluru. Her success story was well perceived by our student teachers. Dr. Suvarna V.D Principal and the President of the function spoke on breaking the gender barriers and stereotypes to thrive in life.

The co-ordinator of the cell Smt. Victoria Roche, Asst. Professor gave the introductory note and welcomed the gathering. The programme was successful with her able guidance and meticulous planning.



DRAWING Competition:

On 7th March 2022, Drawing Competition on the theme ‘21st century Women’ was organised to create awareness about Women Empowerment and their equal participation in Socio-Economic development of the country.



Awareness programme on Women's health-4th November 2022.

Women are valuable contributors to our society. Amid all the accolades, accomplishments, and service, it is important that women also must take the time to take care of themselves. Women's health is important for their general wellbeing, and for their ability to make life decisions. It includes physical wellbeing, the right to healthy relationships, and access to accurate information.

Women's Anti Sexual Harassment Cell in association with IQAC of the College organised Awareness programme on Women's health on 4th November 2022.

Objectives of the programme:

- To make the students aware of the importance of their health and well-being to the family and the society.
- To create awareness on Women's nutritional status, especially in India and its underdeveloped regions.
- To make the students understand the importance of early identification and intervention to avoid or cure ailments.

To help our female students to be aware of the importance of their health, an interaction programme with the Doctor was arranged. Dr Vasudha Spoke on women's health, hygiene, Urinary tract infection, menstrual hygiene, infertility and future child birth complications. The Doctor also opined that Women are more prone to ovarian cancer, breast cancer, heart diseases, depression and anxiety. Being a man or a woman has a significant impact on health, as a result of both biological and gender-related differences. The health of women and girls is of particular concern because, in many societies, they are disadvantaged by discrimination rooted in sociocultural factors.

The co-ordinator of the cell Smt. Victoria Roche, Asst. Professor gave the introductory note and welcomed the gathering. The programme was successful with her able guidance and meticulous planning.



International day for Elimination of violence against women: 7th November 2022.

The Constitution upholds the rights of its citizens and it contains numerous provisions for gender equality and protection of women. However there exists discrimination and injustice in the form of physical abuse, sexual harassment, child marriage, dowry deaths etc. From time immemorial we are witnessing violence against women in our Country but till today our legal and political systems have failed to uproot it from Indian soils. Hence Women's Anti Sexual Harassment Cell in association with IQAC of the College has organised Awareness campaign on **Elimination of violence against women** on 7th November 2022.

Objectives of the programme:

- To analyse the causes for violation against women.
- To create an awareness on penal measures on violence against women.
- To findout the measures to eliminate violence against women.
- To examine the role of teachers in creating public awareness on violence against women.

All the staff and students visited the slum dwelling in the city to create awareness on violence against women. Students exhibited placards with slogans on gender equality, sexual harassment and human trafficking. And a small skit on violence on women was enacted.

The programme was successful with the able guidance and meticulous planning by the co-ordinator of the cell Smt. Victoria Roche.



WOMEN'S DAY CELEBRATION- 21st March 2023.

We need women

Who are strong....they can be gentle.

So educated....they can be humble

So fierce....they can be compassionate

So passionate.... they can be rational

So disciplined....they can be free

Women's Anti Sexual Harassment Cell in association with IQAC of the College celebrated International Women's day celebration on 21st March 2023.

Objective of the programme:

- To enable the students to embrace gender equality
- To develop self-confidence and reliance among women
- To inculcate family values in students.
- To protect the rights of girl child.

On 21th March International Women's day was celebrated. The theme was '**Embrace Equality**'. The Chief Guest of the programme, Dr. Asha B.N, Principal Somani College of Education, Mysore, addressed the prospective teachers on women rights and responsibilities. Asked students to be self-reliant. And stressed on co-operation, adjustment and understanding among family members. Dr. Suvarna V.D presided over the function and spoke on gender stereotyping and encouraged students to have an equal participation in the STEM fields (Science, Technology, Engineering and Mathematics). Dr. Asha B.N was felicitated on account of her glorious 35 years of service in the field of education.

The co-ordinator of the cell Smt. Victoria Roche, Asst. Professor gave the introductory note and welcomed the gathering. The programme was successful with her able guidance and meticulous planning.

Poster Making Competition/ Cooking without fire Competition:

On account of Women's day 2023, Poster making competition was held on 8th of March 2023, the theme was '21st century women'. And on 10th of March, Cooking without fire Competition was held. All the student teachers took an active part. The objective of these competitions were to create an awareness about women empowerment and also their equal participation in Socio-Economic development of the country and breaking stereo types in the society based on Gender roles.



ಮಹಿಳೆ ಮತ್ತು ಪುರುಷರ ನಡುವಿನ ಹೊಂದಾಣಿಕೆಯಿಂದ ಸಮಾಜದ ಪ್ರಗತಿ

ಮಂಜು ಮಹಿಳೆ ಮತ್ತು ಪುರುಷರ ನಡುವೆ ಹೊಂದಾಣಿಕೆ ಇದ್ದಾಗ ಮಾತ್ರ ಸಮಾಜದ ಪ್ರಗತಿ ಸಾಧ್ಯ ಇಲ್ಲವಾದಲ್ಲಿ ಸಮಾಜಕ್ಕೆ ಹಾಗೂ ಸಮತೆ ಎಂಬುದು ಕೇವಲ ಸಿದ್ಧಾಂತದ ದೊಡ್ಡದಲ್ಲೇ ಉಳಿದು ಬಿಡುವಂತೆ ಆಗಬಹುದು ಎಂಬುದು ಮೈಸೂರಿನ ಸೋಮವಿಯಾ ಬಿಎಸ್ ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲರ ಡಾ.ಆರ್.ಬಿ.ಎಸ್. ಅಭಿಪ್ರಾಯವಾಗಿದೆ.

ನಗರದ ಶಂಕರ್‌ಗೌಡ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯದಲ್ಲಿ ಹಮ್ಮಿಕೊಂಡಿದ್ದ ಮಹಿಳಾ ದಿನಾಚರಣೆಯನ್ನು ಉದ್ಘಾಟಿಸಿ ಅವರು ಮಾತನಾಡಿದರು.



ಯಾವುದೇ ಸಮಾಜದಲ್ಲಿ ಯಾರು ಹೆಚ್ಚು ಹಾಗೂ ಯಾರು ಕಡಿಮೆ ಎಂಬುದಕ್ಕಿಂತ ಒಬ್ಬರ ಎಲ್ಲಾ ಗುಣಗಳನ್ನು ಕಾರ್ಯ ಆಗಿದೆ ಎಂಬುದು ಮುನ್ನೋಟ ಬರಬೇಕು ಎಂದರು.

ಶಂಕರ್‌ಗೌಡ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯದ ಪ್ರಾಂಶುಪಾಲರ ಡಾ.ಬಿ.ಬಿ. ಸುಮರ್ಷಿ ಮಾತನಾಡಿ ಬಗ್ಗಿ ಕೊಲೆ ಆಧುನಿಕರಣದೊಳಗಿಂದ ಆದರೆ

ಒಳಗಿನ ಚೌಕಟ್ಟುಗಳು ಹಾಗೂ ಅಲೆವಿಕೆ ಶಾಸನಗಳು ಈಗಲೂ ಪಾಯೀ ಇವೆ. ಮಹಿಳೆ ಶಿಕ್ಷಣ ಪಡೆದುಕೊಂಡು ಏಕಾಂತವಂತರಾಗಿದ್ದರೂ ಕೂಡ ಮುಕ್ತವಾಗಿ ಆಧುನಿಕ ಪ್ರಯತ್ನಕ್ಕೆ ತೆರೆದುಕೊಳ್ಳುವ ಸಾಧ್ಯವಾಗುತ್ತಿಲ್ಲ ಎಂದು ವಿವರಿಸಿದರು.

ಸಮುದಾಯದ ಈ ರೀತಿಯಲ್ಲಿ ಇಬ್ಬರೂ ರೀತಿ ಆಧುನಿಕ ಅಲೆವಿಕೆ ತಂದೆಕೊಂಡು ತನ್ನ ಬದುಕಿನ ಬುತ್ತಿ

ಕಟ್ಟಿಕೊಳ್ಳಲು ಪ್ರಯತ್ನಿಸುವ ಪ್ರತಿ ಹೆಜ್ಜೆಗೆ ಫಾಸಿ ಉಂಟುಮಾಡುತ್ತದೆ.ಸಮಾಜ ಸ್ಥಿತಿ ಬಗೆಗಿನ ಮನಸ್ಸುತಿಯನ್ನು ಬದಲಿಸಿ ಕೊಳ್ಳಬೇಕಾದುದು ಇಂದಿನ ತುರ್ತು ಆಗುತ್ತವೆ ಎಂದರು.

ಧ್ವನಿಯ ವರ್ಷದ ಪ್ರತಿಕ್ಷಣಾರ್ಥಿಗಳು ಹೆಚ್ಚು ತನ್ನ ಜೀವಿತದಲ್ಲಿ ಅನುಭವಿಸುವ ಸಂಕಟಗಳು ಹಾಗೂ ಆದರಿಸಿದ ಹೊರ ಬರಲು ತೆಗೆದುಕೊಳ್ಳುವ ದೃಢ ನಿರ್ಧಾರ ಸ್ವೀಕರಿಸಿ ವಾಲಬೇಕೆಂದಿದ್ದರು.

ವನ್ನು ಬಿಂಬಿಸುವ ದೃಶ್ಯಾವಳಿಯನ್ನು ಬಹಳ ಪರಿಣಾಮಕಾರಿಯಾಗಿ ಅಭಿನಯಿಸಿದರು. ಪ್ರಥಮ ವರ್ಷದ ಪ್ರತಿಕ್ಷಣಾರ್ಥಿ ಗಳು ಸ್ವಲ್ಪ ಸಮಾಜಕರ್ಮಿಗಳೆ ಹಾಡಿದರು. ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಪ್ರಾಧ್ಯಾಪಕ ಹರ್ಷವರ್ಧನ್, ಸುಜಾತ ಬಾಲಾ, ವಿಶ್ವೇಶ್ವರಯ್ಯಾ ದೇವೇಶ್, ನಳನಮ್ಮ ಸೇರಿ ದಂತೆ ದೊಡ್ಡದೇ ಹಾಗೂ ದೊಡ್ಡದೇಶರ ಸ್ವೀಕರಿಸಿ ವಾಲಬೇಕೆಂದಿದ್ದರು.



A heart touching skit on 'Female foeticide' was played by the prospective teachers to give an alarming message on the gender imbalance in the society and gave the message to protect the rights of a Girl child.



Extension Programme: World population Day-11th July 2023

World population day is celebrated globally on 11th July every year. It focuses on the major issues related to over population and birth control measures.

An extension programme was organised by Women's Anti Sexual Harassment Cell in association with IQAC of the College on 11th July 2023 in various Secondary schools in the city.

Objectives of the programme:

- To raise awareness about population explosion issues
- To make students know the effects of overpopulation on economy and environment of the Country.
- To spread awareness on population control.

Student teachers of II and IV Semester undertook an awareness programme on effects of over population and conducted the Essay writing competition in ten secondary schools of Mandya District. Our prospective teachers were encouraged to speak on the issue to create awareness among High school students on over population.

School Head Masters/Mistress, teachers and students took an active part in the programme.

The programme was successful with the able guidance and meticulous planning by the co-ordinator of the cell Smt. Victoria Roche.



Workshop on POCSO Act and Child marriage: 31st July 2023

POCSO (The protection of Children from Sexual Offences Act) is one of the Child protection policies of India. This Act addresses the sexual assault, sexual harassment, child marriage and pornography of children and also safeguards the interest of the child in every stage of the judicial process.

There is a surge in POCSO related cases and child marriage cases especially in rural areas of Karnataka. Thus to create an awareness among student teachers, about their role and responsibilities in combating these social evils, on 31st July 2023, The Women's Anti-Sexual Harassment Cell of the college in collaboration with District Law and Child Protection unit, Mandya have organised a workshop on Prohibition of Child marriage Act-2006 and POCSO Act -2012.

Objectives of the programme:

- To acquaint student teachers with objectives of POCSO Act 2012.
- To enable the student teaches to know their roles in safeguarding psycho-social wellbeing of children under their care.
- To provide safe environment to all the children to enjoy their childhood fearlessly.

Smt. Vani B. Shetty, Senior Grade Civil Judge inaugurated the Seminar and spoke on the responsibilities if teachers in creating awareness among masses on child marriage and sexual harassment. Sri Krishna K.S Police Inspector, Smt. Savitha B. Police Pateela, Asst. Sub Inspector, Women's Police station, Mandya were the Chief Guests of the programme. Sri Rajendra and Smt. Ambika, District Child Protection Unit Officers were present. The resource person Sri Lakshmi Prasanna addressed our students on adverse effects of Child marriage and cases on POCSO Act in detail. Information on UNCRC-1989 was given and Human Rights Act was also explained in detail.

Dr. Suvarna V.D, Principal of the College Presided over the programme and appreciated the concern of these officers in bringing Law and order in the society and working towards the safety and protection of all in general and children in particular.

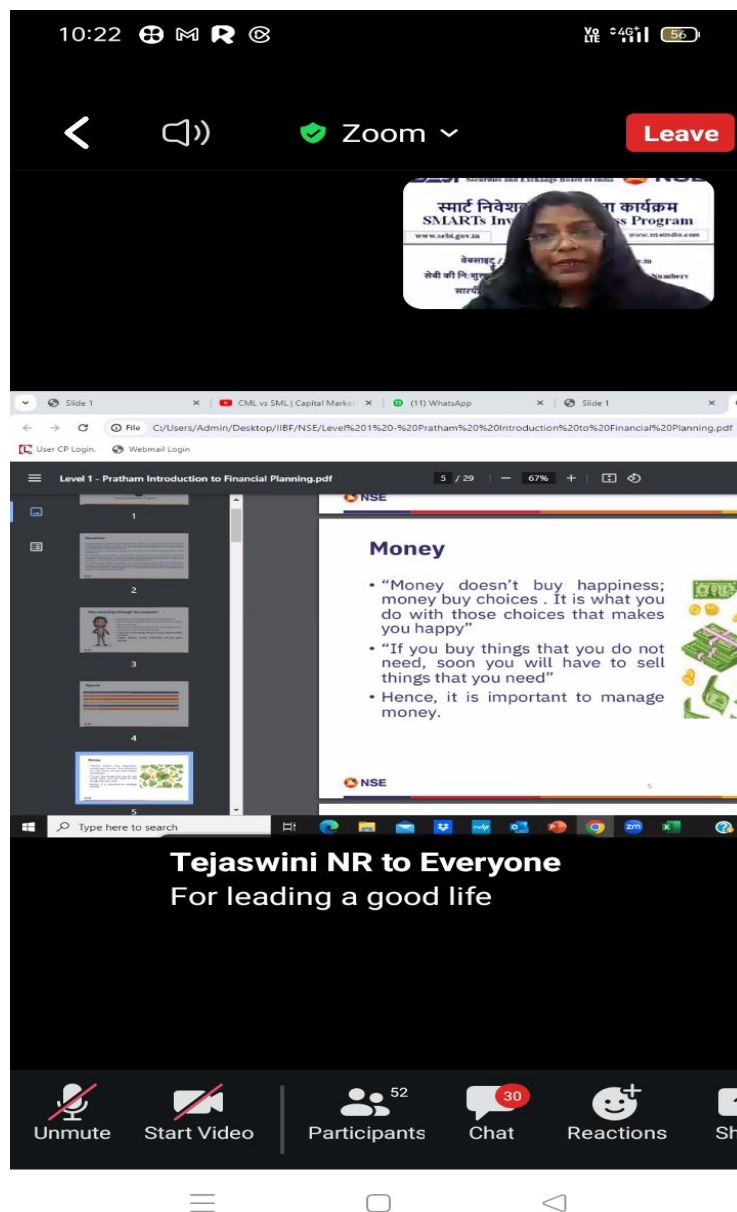
The co-ordinator of the cell Smt. Victoria Roche, Asst. Professor gave the introductory note and welcomed the gathering. The programme was successful with her able guidance and meticulous planning.



Initiatives of Women's Anti-Sexual Harassment Cell in the Institution - 2024

Online Programme on Women Entrepreneurship -17th February 2024

Online Programme on Women Entrepreneurship was conducted on 17th February 2024 in association with SMART's financial investment programme. The resource person spoke on the role of women in economic development of the Nation. Being economically independent, women can make their own choices which lead to their wellbeing she opined.



Women's day Celebration 2024-12th March 2024.

“Feminism isn't about making women stronger. Women are already strong, it's about changing the way the world perceives that strength.”

- G.D. Anderson

Women's Anti Sexual Harassment Cell in Association with IQAC of the College celebrated International Women's day with much fervour on 12th March 2024.

Objectives of the Programme:

- to acquaint the students with this year's International day theme 'Invest in women; Accelerate Progress'.
- To sensitise the prospective teachers on Gender Equality.
- To enable the students to use the Government policies and funding system to be economically independent.
- To help women to break down barriers, challenge stereotypes and create environments where all women are valued and respected.

The Chief Guest of the Programme Dr. Pushpa M. Professor, Department of Education, University of Mysore inaugurated the function and gave a lecture on 'Invest in women; Accelerate Progress'. By investing in women, we can ignite change and expedite the transition towards a healthier, safer, and more equitable world for all.”

She threw light on the status of women in the past and the present society and also opined that only through education, women can get equal share in the society. Every woman is a unique gift to the universe bestowed with the ability to bring new life into this world is unparalleled hence they deserve to be treated with the utmost care, respect, and dignity. The function was presided by Dr. Suvarna V.D. Principal of the College who addressed on women issues and asked the women students to be steadfast in tough times. Remembered the Women achievers for their exceptional contributions and opined that being a woman is a challenging journey, but our strength knows no bounds.

On account of Women's day, on 9th March 2024, Rangoli competition was organised for all the student teachers. The objective was to break the gender barriers. Both boys and girls participated enthusiastically. Shimsha U, Shailaja C.B and Varshini V of I year B.Ed bagged the first, second and third prizes respectively. Dr. Pushpa gave away the prizes

to the winners. Cultural programme comprised of a skit on 'Child Labour' was played by I year B.Ed students and II year Prospective teachers showcased a vibrant dance, all the boys presented a meaningful Song which was dedicated to the entire women folk.

The co-ordinator of the cell Smt. Victoria Roche, Asst. Professor gave the introductory note and welcomed the gathering. The programme was successful with her able guidance and meticulous planning.





Webinar on 'Women's wellness and Menstrual Hygiene' -28th May 2024

On account of International menstrual hygiene' day, webinar was organised by the department of Collegiate Education on 28th May 2024. The webinar was broadcasted live on Vijayabhava YouTube channel. All the prospective teachers attended the webinar along with the staff. The students were provided with the very essential information on how to maintain hygiene during periods. 'Dr. Lavanya Kiran, an eminent gynaecologist spoke on issues related to menstruation and women health.



⇒ Forwarded

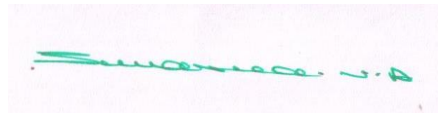
Principals,

On 28th May 2024, The Department of Collegiate Education is organizing a live webinar titled "Women's Wellness and Menstrual Hygiene" on the occasion of World Menstrual Hygiene Day. The webinar will be broadcasted live on the Vijaybhava YouTube channel at **2.15 pm**. Please arrange for student participation.

Find the Vijaybhava YouTube link below:

https://www.youtube.com/results?search_query=vijayi+bhava+youtube+channel

12:26



Signature of the Principal